

Appendix A

General Rules of Operation of the Philadelphia Scholastic Rowing Association

1. Membership and Rules of Participation

- a. The PSRA will have three levels of participation: Permanent Member, Associate Member, and Guest.
- b. A competing team must be comprised of student athletes who are enrolled in the same school. All Permanent and Associate Members and Guests must be Organizational Members of US Rowing for only those regattas that are “USRowing registered.”
 - i. Philadelphia City Rowing (PCR), an organization comprised solely of high schools students from the School District of Philadelphia (SDP), is granted a five-year temporary PSRA Associate Membership beginning with the 2022 race season and ending at the completion of the 2027 race season. PCR will receive all benefits and privileges afforded to Associate Members. As a PSRA Associate Member, PCR will comply with all existing and future PSRA policies and procedures and follow all rules outlined in the PSRA Rule (i.e. No rules modifications will be made to accommodate PCR beyond the stated exemption.) At the conclusion of the 2027 season, PCR’s membership in the PSRA will be re-evaluated. The PSRA may modify this exemption at any time with written notice to the president of PCR.
- c. Proposals for new members will be made at the designated Summer/ Post Season meeting when applicable.
- d. Voting of new Permanent Members will take place at the designated Fall Meeting when applicable.
 - i. Permanent Membership:
 1. Requirements for Permanent Membership include:
 - a. Program must field crews at the following levels Freshman/Novice, JV, and Varsity.
 - b. Five- Year continuous track record of PSRA participation.
 - c. Minimum of 10 Student-Athletes
 - d. Letter of Recognition from the School
 - e. Each school that is proposed for admission needs one, and only one, official sponsor school from the Permanent Membership.
 - f. In order to obtain membership the proposed school must receive an affirmative vote from 4/5 of all Permanent PSRA members, designated proxie votes included, present at the time of the vote. This vote will be conducted by secret ballot.

- g. If more teams apply for permanent status than available positions, the Membership Committee shall propose a priority order of all teams requesting Permanent status for voting. In case of ties, the Rules Committee will oversee breaking any ties by using the priority criteria of longevity of previous participation in the Flick series. This means that if there is a tie for inclusion to permanent member status, the school that has the longest documented history of participation in the PSRA, based on the permanent membership requirement of competing in at least three races annually, shall be accepted first. Successive votes are to be cast based on priority until either full subscription is achieved or all requests have been voted on.
 - h. In the event that a school does not receive an affirmative vote for permanent member status, the associated sponsor school may request an open recount of all cast votes.
2. Permanent Membership shall be deemed fully subscribed with 33 Permanent Members.
 3. Permanent Members shall have one vote per institution.
 4. Permanent Members may compete in any PSRA regatta.
 5. Permanent Members may receive priority consideration for inclusion in all racing where applicable.
 6. Permanent Members shall lose their status if they do not participate in at least three Flicks Series races and the City Championships in two consecutive years, or if they do not uphold their volunteer obligation for two consecutive years. An initial Notice of Infraction shall be issued after one year of volunteer delinquency. After two years of volunteer delinquency, the *Notice of Revocation* of membership shall be given at the Post Spring (June) membership meeting.
 7. Each Permanent Member must identify a designated minimum number of volunteers to serve in a variety of capacities. This number shall be designated on an annual basis by the Executive Committee based on each member's per capita participation in each of the previous two years.
- ii. Associate Membership:
 1. Letter of Recognition from the school.
 2. After five years of continuous participation Associate Members may petition the Membership Committee for Permanent Member Status.
 3. Associate Members may participate in all five Flick Series Races as well as the City Championships and The Robert White Regatta.

iii. Guest

1. Guest entries will only be permitted in events where lanes are available. No new heats will be made for guest entries.
2. Guests are only permitted to enter three Flick Races.
3. Guests are not permitted to enter The Philadelphia City Championship Regatta.
4. Guest entries are charged entry fees for each event entered. Guests must register with the designated Guest Coordinator at least two weeks prior to the regatta in which they wish to compete. The Guest Coordinator will be a permanent member coach or designee, appointed by the Racing Committee or the Board of Directors.
5. Guests must submit the appropriate PSRA paperwork at least two weeks prior to the regatta in which they wish to compete. Required paperwork includes lightweight certification, swimming certification, waivers, and regatta entry fees. Once all paperwork has been received and approved by the PSRA, the Guest Coordinator will accept entries.
6. Home-schooled athletes must prove that their course of study and academic status are accredited by a national board. They also must be sponsored by a PSRA school within their district and complete all required physicals and waivers.

2. Points Trophy

- a. The Board of Directors shall award Point Trophies in the four categories listed below at the City Championship based on the cumulative results of the second, third, fourth and fifth regattas in the Flick-Horvat Series of racing. Points will be accumulated from each school's top five finishes per week that gain the maximum amount of points. A school that competes in more than one category will be permitted five finishes in each category.
 1. **The Manny Flick Trophy** shall be awarded to the men's sweep program accumulating the most points.
 2. **The Horvat Series** trophy will be presented to the men's sculling program accumulating the most points
 3. **The Brigantine Trophy** will be presented to the women's sweep program accumulating the most points.
 4. **The Kate Godwin Trophy** will be presented to the women's sculling program accumulating the most points.
- b. Point eligibility. Points will be awarded to first, second and third place boats finishing in the event.
- c. Points order/value according to Appendix B.

- 3. Season Length.** A team's ability to row on the water prior to the first Flick-Horvat Regatta shall be determined by the governing body/organization that oversees that body of water on which the team practices. For example, on the Schuylkill River, this is determined by the Schuylkill Navy, which may forbid junior rowers on the water during certain times of the year.
- 4. Regatta Rules:**
- a. The Executive Committee along with the Racing Committee will appoint a Chief Referee for each regatta. Time changes, weather delays, and cancellations will fall under the jurisdiction of the Chief Referee.
 - b. The Regatta Committee for each regatta shall be defined as the Executive Committee of the PSRA as well as the Chief Referee for each regatta.
 - i. All questions of eligibility, qualification, or interpretations of any rule shall be referred to the Rules Committee whose decision shall be made in coordination with the Executive Committee and the PSRA Board of Directors. This decision shall be final. No appeals process.
- 5. Eligibility**
- a. A rower or coxswain cannot have reached his or her 19th year prior to September 1 of that academic year, or the year in which he or she completes the 12th grade of secondary school, having been a fulltime student, whichever is later.
 - b. JV – Junior events are restricted to competitors in the junior year (11th grade) or lower. Juniors, including coxswains, must not have attained the age of 18 years prior to September 1 of that academic year. Senior (12th grade) students may not compete in Junior events.
 - c. Lightweight – Lightweight events shall be rowed by those male athletes weighing not more than 150 lbs. on the day of the regatta. Female athletes shall weigh not more than 130 on the day of the regatta with no crew average.
 - d. Freshman Lightweight – Freshman Lightweight events shall be rowed by those male athletes in the 9th grade weighing not more than 135 lbs. on the day of the regatta. Currently the PSRA is not running Freshman Lightweight events.
 - e. Competition is open for students in grades nine to 12. Only four consecutive years of eligibility is allowed, beginning in September of the year of a student's initial enrollment in the 9th grade. Post-graduates of (Canadian/US) fifth year students are not permitted to participate in PSRA-sponsored regattas.
 - f. Novice – Novice oarsmen shall be those male and female athletes in their first year of rowing or coxing who have not competed in a regatta prior to the date of June 15 before the current academic year, regardless of the age or grade of the athlete.
 - i. This rule shall apply equally with respects to both sculling and sweep rowing. (i.e. an oarsperson with two years of sweep

- experience but no sculling experience shall not be considered a novice and vice versa.)
- ii. Athletes who cox a season(s) and who later become rowers in a subsequent season (or vice versa) will be considered novice rowers in their first year of rowing.
- g. Freshman shall be designated as those athletes in the ninth grade as listed on their team roster.
 - h. A PSRA participating competitor is allowed affiliation with only one program/team, which he/she is registered with as of the first competition of the spring scholastic racing season for the duration of the spring season, defined between March 1 and June 15 of that current calendar year, in order to participate in PSRA Regattas. For example, Sally Smith rows for her XY High School team during the spring season. During that spring season she may not also row for Club Z Team. She may practice with Z Team if she wants to, but she may not compete with them during the spring season.
 - i. Exception: Athletes who are members of a junior rowing club existing as a composite of athletes with no stand-alone high school rowing program may row as a single (1x) in a PSRA regatta under the name of their school. This applies only to those athletes whose high schools do not have an official team. For example, Joey Jones rows in a 1X for Club Z Team. His high school does not have an official team, but the school has given him permission to represent it in competitions. He may compete for both his high school and Z Team during the spring season.
 - ii. Reminder: Only entries from school teams or with a school affiliation are permitted in PSRA regattas.

6. Entries

- a. Entries must be made on time and in the manner designated by the Executive Committee.
- b. The Headmaster, Principal, or the Athletic Director of the entering school must sign written entries for championship regattas.
- c. All entry fees must be paid at time of entry with no exception.
- d. Entries for 8s may contain names of four substitute oarsman; one substitute coxswain. Entries for 4s may include two substitute oarsmen and one substitute coxswain. Doubles may contain one substitute oarsman.
- e. Substitutions to the original boating must be reported to and sanctioned by the Executive Committee prior to the start of the race. If a substitution is deemed necessary, between a heat and a final, the Executive Committee as well as the coaches of all competing crews must approve such substitution.
- f. All entries must contain the names of students listed on the original team roster submitted to the Executive Committee prior to the first race of the spring.
- g. Composite crews shall not be permitted to enter.

- h. Doubling up is not allowed. No rower/coxswain may compete twice in the same regatta.
- i. Entry Fees
 - i. All Manny Flick Series races shall be rowed with no additional entry fee. Fees for this racing series shall be included in membership fees.
 - ii. Scratches.
 - 1. A scratch fee will be assessed for each scratch entry.
 - 2. The scratch fee for each event will equal the entry fee for that event at the Philadelphia City Championships of that year.
 - 3. Scratch fees will be assessed on a rolling basis through the Flick Series and paid in full as part of the City Championship regatta entry.
 - 4. The same scratch fee will apply to any scratch at the city championship in addition to loss of entry fee.
 - 5. Fees for scratching at the City Championship will be assessed to the following years membership fees.

7. Racing

- a. All races shall be a distance of 1,500 meters.
- b. Gender-specific racing will be designated as such by the Executive Committee at the January Meeting.
- c. Gender-specific racing will be conducted in two sessions.
- d. The Genders will alternate sessions on a designated basis.
- e. Gender-neutral races will be designated by the Executive Committee in January.
- f. Scheduling will be staggered to provide flexibility for schools using the same shell in more than one race and for ease in identification in the marshalling area and at the starting line.
- g. Any race with more than 12 entries will be conducted as a headrace. Headraces will be conducted at the start of the day for gender-neutral days. Head racing will be conducted between racing sessions for gender-specific racing days.
- h. Every effort will be made to run Varsity events in sprint fashion, except for the City Championship when all qualifying events with more than six entries will be run as headraces.
- i. Use of stake boats at the starting line will come under the jurisdiction and option of the Racing Committee.
- j. No coach may come within one hundred yards of the starting line as designated by the Racing Committee and Chief Referee. Any official may assess a false start and subsequent disqualification for violation of this rule.

- k. Protests – All protests shall be submitted in writing to the Chief Referee or his designee and reviewed in accordance with the USRowing Rules of Rowing.
- l. All Rules of USRowing apply to PSRA regattas.
- m. Seeding
 - i. Commencing with the third Flick regatta and continuing through the fifth Flick the Racing Committee shall seed all varsity events in order to ensure the most competitive and highest quality racing possible.
 - ii. However, the Philadelphia City Championship shall be seeded on a traditional progression basis.
 - iii. “B” boat entries will be allowed in all Flick Series races and the City Championship.

8. Roster of Races:

- a. The Following Races will be offered by the PSRA:

8+	4+	1X	4X	2X	2-
Novice	Novice	Gig/Novice	Novice	Novice/	Varsity
Freshman	Freshman	JV	Freshman	Freshman	
JV	JV	Varsity	JV	JV	
Second	Second		Second	Varsity	
Varsity	Varsity		Varsity	Lightweight	
	Lightweight				

- b. Schools wishing to enter a “2nd” event must also enter and row in the corresponding Varsity event.
- c. No oarsperson shall be eligible to compete in more than one event in any PSRA regatta.

- 9. **The Corporation’s General Rules of Operation** may be amended in accordance with the approving vote of a majority of the Permanent Members at any meeting after notice of such purpose has been given, including a copy of the proposed amendment or a summary of the changes to be effected thereby.

These rules were last updated in January of 2025.

Appendix B

Varsity Eight	1 st place –	39
	2 nd place –	33
	3 rd place –	27
Junior Eight	1 st place –	26
	2 nd place –	22
	3 rd place –	18
Second Eight	1 st place –	26
	2 nd place –	22
	3 rd place –	18
Freshman Eight	1 st place –	13
	2 nd place –	11
	3 rd place –	09
Novice Eight	1 st place –	13
	2 nd place –	11
	3 rd place –	09
Varsity Four	1 st place –	27
	2 nd place –	21
	3 rd place –	15
Junior Four	1 st place –	18
	2 nd place –	14
	3 rd place –	10
Second Four	1 st place –	18
	2 nd place –	14
	3 rd place –	10
Lightweight Four	1 st place –	27
	2 nd place –	21
	3 rd place –	15
Novice Four	1 st place –	09
	2 nd place –	07
	3 rd place –	05

Freshman Four	1 st place –	09
	2 nd place –	07
	3 rd place –	05
Varsity Pair	1 st place –	18
	2 nd place –	12
	3 rd place –	06
Novice Single	1 st place –	05
	2 nd place –	03
	3 rd place –	01
Junior Single	1 st place –	10
	2 nd place –	06
	3 rd place –	02
Varsity Single	1 st place –	15
	2 nd place –	09
	3 rd place –	03
Novice/Freshmen Double	1 st place –	06
	2 nd place –	04
	3 rd place –	02
Junior Double	1 st place –	12
	2 nd place –	08
	3 rd place –	04
Varsity Double	1 st place –	18
	2 nd place –	12
	3 rd place –	06
Lightweight Double	1 st place –	18
	2 nd place –	12
	3 rd place –	06
Novice Quad	1 st place –	09
	2 nd place –	07
	3 rd place –	05
Freshman Quad	1 st place –	09
	2 nd place –	07
	3 rd place –	05

Junior Quad	1 st place –	18
	2 nd place –	14
	3 rd place –	10
Second Quad	1 st place –	18
	2 nd place –	14
	3 rd place –	10
Varsity Quad	1 st place –	27
	2 nd place –	21
	3 rd place –	15

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